

SAVING ENERGY ON CAPITOL HILL



The Architect of the Capitol is working to reduce energy use and costs.

KNOW THE DIFFERENCE

MAKE A DIFFERENCE

When energy awareness becomes part of our daily activities, we reduce energy demand and costs. Here are a few steps you can take to conserve natural resources, protect the environment, and ensure energy security.

AT THE OFFICE

Turn off the lights whenever you leave your office for extended periods of time.

Turn off your computer, monitor, and printer when not in use. Be sure to turn copiers and other office equipment off overnight and on weekends. Shutting off one computer and monitor nightly and on weekends can save up to \$80 per year or as much as \$250,000 annually on Capitol Hill.

Check your surroundings. Consider asking the Superintendents to install occupancy sensors in conference rooms, closets, restrooms, break rooms, and personal offices. In areas where lights are generally left burning all the time, occupancy sensors can reduce electricity costs up to 40 percent.

Replace incandescent bulbs with Compact Fluorescent Lights (CFLs). CFLs use up to two-thirds less energy, and last about 10 times longer than incandescent bulbs. CFLs are available by calling your building's Superintendent's office.

Work with Mother Nature. On summer days, close south facing blinds to reduce heat gain from the sun. On winter days, open south-facing blinds to increase light and heat.

Reduce, reuse, and recycle to save energy, resources, and money. Today, 42 percent of all paper, 55 percent of all beverage cans, and 52 percent of all major appliances are recycled.

COOLING AND HEATING

Keep the heating and cooling to a minimum. If you have an individual thermostat control, keep it set to a comfortable temperature. Report temperature control problems to your Superintendent's office.

Keep heating vents unobstructed. Remove furniture placed over floor vents.

Dress comfortably or in layers for the season and the weather.

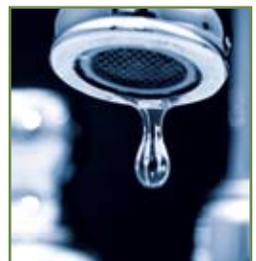
WATER

Report leaking faucets and fixtures to your building's Superintendent as soon as possible. A faucet dripping once every second wastes about six gallons of water a day-more than 2,000 gallons yearly.

ON THE MOVE

Take public transportation, car pool, bicycle, or walk to work. Join a ride sharing program. The average car pooler saves between \$600 and \$1,200 every year in fuel and transportation related costs.

Take the stairs instead of the elevator. Remember the 1-2 Rule – Walk up one flight and down two.



WE HAVE THE
POWER TO SAVE ENERGY



<http://capitol.aoc.gov/powertosave/>